



# BUFFET DE NATAL | CHRISTMAS BUFFET

24 de dezembro | 24<sup>th</sup> December

## VILA GALÉ SINTRA

### ENTRADAS | STARTERS

Creme de legumes	Vegetables cream soup
Canja de bacalhau seco com ovos de codorniz e poejos	Dried cod stock soup with quail egg and squaw mint
Mini Salgadinhos e folhados diversos	Mini nibbles and mini pies
Saladas	Salads
Molhos vários	Sauces
Tira gostos	Strip tastes
Queijos light e tostas	Light cheeses and toasts
Charcutarias magras	Lean cold meats
Sementes digestivas	Digestive seeds
Salmão fumado	Smoked salmon

### PRATOS QUENTES | HOT COURSES

Lombinhos de porco grelhados com laranja	Grilled pork fillet with orange sauce
Stroganoff de novilho	Veal Stroganoff
Frango assado com maçã verde	Roasted chicken with green apples
Lombo de bacalhau cozido com ovos	Steamed codfish with eggs
Espadarte grelhado com molho de pesto	Grilled sword fish with pesto sauce
Couscous de legumes	Vegetables couscous
Arroz basmati	Basmati rice
Grão cozido com cebola, salsa, azeite e alho	Steamed chickpeas with onion, parsley, olive oil and garlic
Batata palito assada	Roasted French fries
Batata cozida	Boiled potatoes
Couve portuguesa cozida	Steamed portuguese cabbage
Cenoura baby a vapor	Steamed baby carrots
Ravioli de frango e cogumelos	Chicken and mushrooms raviolis
Macarrão integral com azeitonas	Whole wheat macaroni with black olives

### SOBREMESAS E FRUTAS | DESSERTS AND FRUITS

Gelatinas de sabores bio	Bio flavoured jelly
Mousse de morango	Strawberries mousse
Pudim de chia com manga	Chia pudding with mango
doce com coco gengibre e laranja	Rice pudding with ginger and orange
Sonhos integrais	Oven roasted traditional Portuguese dough
Filhoses de forno	Oven roasted traditional Christmas dough
Bolo Rei sem glúten	Gluten free Portuguese Christmas cake
Fruta laminada	Sliced fruits
Gelados de índice glicémico reduzido	Low glycaemic ice creams
Salada de fruta	Fruit salad
Fruta fresca da época	Fresh seasonal fruits

Mínimo 20 pax | Minimum 20 pax